

Writtle College Library

Subject Guide

Sport



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This guide is intended to highlight only the main information sources for Higher Education Sports Science students – there may be other areas of the Library which are useful.

The main types of materials are books, journals and media resources. Please do not hesitate to ask for help and advice as needed when using the library

Books

Books are arranged under the Dewey class system (which runs from 000-999) each subject area has its own number for example, Animals 636

Quick Classification Guide

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| Anatomy: human | 612 |
| Coaching | 796.077 |
| Disability sport | 796.087 and 362.4 |
| Exercise | 612.044 |
| Fitness | 612.044 and 613.711 |
| Fitness testing | 613.704 |
| Injuries | 617.1027 |
| Motor learning | 613.711 |
| Nutrition | 613.7 |
| Physical education | 613.7 |
| Physiology: human | 612 |
| Specific games (rules etc.) start at | 796 |
| Sports centres | 725.8 |
| Sport: education and training | 613.7 |
| Sports grounds | 725.8 and 712.545 |
| Sport in society | 796.01 and 306-483 |
| Sport: law | 344.099 |
| Sports medicine | 617.1027 |
| Sport: minorities | 796.089 |
| Sport psychology | 796.01 and 613.71 |
| Sport: sociology | 790.013 |

Dictionaries, directories, rules & regulations etc

- ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription
- Churchill Livingstone's dictionary of sport and exercise science and medicine
- Dictionary of sport and exercise science
- Key concepts in sport psychology
- Sport and exercise physiology testing guidelines
- The sports source book : a UK directory of sport

Journals/Magazines

Journals and magazines are arranged in alphabetical order by title. They contain specialised articles and are a good source of information on current research and practice. Some are indexed and/or have contents pages. This is not an exhaustive list and other library journals may be of use for your course as many cross over.

Key print journals/magazines

- British Journal of Nutrition
- Comparative Exercise Physiology
- International Journal of Sport Nutrition and Exercise Metabolism
- International Journal of Sport Physiology and Performance
- International Journal of Performance Analysis in Sport
- Journal of Applied Physiology
- Journal of Athletic Training
- Journal of Applied Sport Psychology
- Journal of Sport Sciences
- Journal of Strength and Conditioning Research
- Medicine and Science in Sport and Exercise
- Outdoor Fitness
- Peak Performance
- Sociology of Sport Journal
- SportEx Dynamics
- SportEx Health
- Sport Psychologist
- Strength and Conditioning Journal

We have many more journals accessible in print and online in the library and via the library page on Moodle.

Free online e-journals

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| International Journal of Sport Management, Recreation & Tourism | http://www.ijsmart.eu/ |
| Journal of Human Sport and Exercise | http://www.jhse.ua.es/jhse |
| The Sport Journal | http://www.thesportjournal.org/ |
| Sport Science | http://www.sportsci.org/index.html |

Electronic Journals

Electronic journals are available through

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| EBSCO Host Electronic Journals | http://ejournals.ebsco.com/home.asp |
| Science Direct | http://www.sciencedirect.com/ |
| SPORTDiscus | http://goo.gl/XYTA8 |

There is further information on electronic journals with full text content available to sport students on the sports science journals guide on the library pages of Moodle – <http://moodle.writtle.ac.uk/mod/resource/view.php?id=13181>

E-Books

In addition to traditional printed books we also have access to a growing number of electronic books or e-books.

Dawsonera

Dawsonera <http://www.dawsonera.com/>

Dawsonera is a collection of around 200 e-books covering a wide range of subject areas. In addition to the purchased titles which are available for 24 hour download, 66,000 further full-text titles are available for 5 minute previews. You will need your Athens username and password to access Dawsonera.

Free Online E-Books

Google Books

<http://books.google.com/>

The Internet Public Library

<http://www.ipl.org/div/books/>

Dissertations

The Library has copies of Undergraduate 1st and 2.1 dissertations completed at Writtle College. They are included on the Library catalogue and it is possible to limit your search just to look for theses. They are held upstairs next to the journals, all in alphabetical order.

Electronic/Media Information

Computers are available for use at all times during library opening hours. All machines run Microsoft Office, Internet and many other applications.

The libraries online catalogue (OPAC) can be used to locate specific books and journals that are relevant to your course. A link is available from the library pages of Moodle or via the college website; you can also access it from the following direct link – <http://library.writtle.c.uk> You can find out here if items are available and where to find them on the shelves, you can also view your record to renew and reserve items.

Key DVDs

DVDs provide information on a wide range of topics. Some potentially useful ones include:

- Anatomy, functional body systems
- The body in motion: fitness skills and training
- The body in motion: influences on movement
- The body in motion: an introduction to the body in motion
- Interactive physiology, 10-system suite
- On the juice : the use of drugs in sport
- Sport in society
- The body in action

For more information on other services offered by the library, e.g. photocopying, computing and I.T, please ask a member of staff in the library or refer to the information for new users guide on the library pages of Moodle.

<http://moodle.writtle.ac.uk/>

Online Resources

Databases

To find journal articles online, you may use the databases the library subscribes to. Usually the database does not lead you to the full text article but is just the reference i.e. the title, author, volume, issue, page numbers and an abstract. However, for Sport students we have a designated database with full-text access

A database service will help you to identify resources that can be found in the library and elsewhere and is a good place to start when doing assignments and dissertations.

If we do not hold the required resource it is possible for us to get it on Inter Library Loan (ILL) (please ask at the library counter or see the ILL guide on the library pages of Moodle <http://moodle.writtle.ac.uk>)

Relevant databases for Sport students: available under databases and gateways on the library pages of Moodle – <http://moodle.writtle.ac.uk>

- **Sport Discus with full-text -**

A comprehensive bibliographic database with full coverage of information on sport, fitness and related disciplines. Features over 500,000 references to journals, books, theses, conferences and Web sites and includes full-text access to over 400 sport-related journals. Athens password required.

- **Web of Science: Science Citation Indexes and Social Science Citation Indexes Online**

This database indexes over 4600 core science and social science journals from 1981 onwards. References contain bibliographies allowing searching for cited authors or works.

- **Business Source Premier**

This database provides full-text coverage for nearly 1,000 business journals, ranging from general magazines to trade publications and top management journals.

Business Source® Elite contains expanded PDF backfiles for more than 150 titles (back to 1985 or the first issue published for that journal).

Relevant online databases (with free information)

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| BioMed Central | http://www.biomedcentral.com/ |
| Directory of Open Access Journals | http://www.doaj.org/ |
| Google Scholar | http://scholar.google.co.uk/ |
| Open Science Directory | http://www.opensciencedirectory.net/ |
| UK PubMed Central | http://ukpmc.ac.uk/ |

British Standards

You can search for British Standards online but full text will not be available.

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| British Standards Online | http://www.bsi-global.com/ |
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We keep the most relevant standards upstairs in the library. The Chelmsford public library holds the full series and can be viewed once you have become a member.

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| Essex Libraries | http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/dis/cha.jsp?channelOid=15524 |
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Subject Gateways/Institutional Repositories

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| Intute | http://www.intute.ac.uk |
| Loughborough University Institutional Repository | https://dspace.lboro.ac.uk/dspace-jspui/ |
| Registry of Open Access Repositories | http://roar.eprints.org/index.php |
| Sport Quest | http://www.sirc.ca/online_resources/sportquest.cfm |
| DMOZ Open Directory | http://www.dmoz.org/Sports/ |

Current Awareness

There is inevitably some delay between the publication of an article in a journal and appearance in databases and printed abstracts. If you need to find details of recent articles, the following give very quick access to the contents of recent issues journals.

ZETOC - <http://zetoc.mimas.ac.uk>

The database comprises over 15 million article titles derived from the 20,000 most important research journals in the world, dating back to 1993. ZETOC Alert is a current awareness service that emails the contents pages of journals you have selected directly to you.

Science Direct Alert Service - <http://www.sciencedirect.com/science/alerts>

Offers a 'My Alerts' service which allows you to save searches and then schedule them to rerun at a chosen frequency. When new articles are found you will be sent an email alert with a direct link to the new search results. You need to register with Science Direct first. Please note this does not give you any further access to electronic journals. If you would like to access electronic journals on Science Direct please use your Athens password.

Useful websites/organisations

| Anatomy & Physiology | |
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| Anatomy.tv | http://www.anatomy.tv/default.aspx |
| eOrthopod | http://www.eorthopod.com/ |
| Get body smart: anatomy & physiology | http://www.getbodysmart.com/ |
| InnerBody: Interactive anatomy guide | http://www.innerbody.com/ |
| Instant Anatomy | http://www.instantanatomy.net/ |

| Associations / Organisations | |
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| American College of Sports Medicine | http://www.acsm.org//AM/Template.cfm?Section=Home_Page |
| Australian Institute of Sport | http://www.ausport.gov.au/ais/ |
| British Association of Sport and | http://www.basem.co.uk/ |

| Exercise Medicine | |
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| British Association of Sport Rehabilitators and Trainers | http://www.basrat.org/ |
| British Nutrition Foundation | http://www.nutrition.org.uk/ |
| British Olympic Association | http://www.olympics.org.uk/home2.aspx |
| British Paralympic Association | http://www.paralympics.org.uk/ |
| British Society of Sport History | http://bssh.mcs-creations.com/ |
| Centre for the Sociology of Sport | http://www.le.ac.uk/so/css/ |
| Department for Culture, Media & Sport | http://www.culture.gov.uk |
| English Institute of Sport | http://www.eis2win.co.uk/pages/ |
| Federation of Sports and Play Association | http://www.sportslife.org.uk/ |
| Institute for Sport, Parks and Leisure | http://www.ispal.org.uk/role.cfm |
| Institute of Groundsmanship | http://www.iog.org |
| Institute of Sport and Recreation Management | http://www.isrm.co.uk/ |
| International Olympic Committee | http://www.olympic.org/uk/index_uk.asp |
| International Paralympic Committee | http://www.olympic.org/uk/index_uk.asp |
| National Playing Fields Association | http://www.npfa.co.uk/ |
| Sport England | http://www.sportengland.org/ |
| UK Sport | http://www.uksport.gov.uk/ |
| Women's Sport Foundation | http://www.wsf.org.uk |

| Coaching | |
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| Coaches Info | http://www.coachesinfo.com/ |
| Sports Coach | http://www.brianmac.co.uk/ |
| Sports Coach UK | http://www.sportscoachuk.org/ |

| Drugs in Sport | |
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| 100% Me | http://www.100percentme.co.uk/home.php |
| Anti Doping Drugs in Sport | http://www.sports-drugs.com |
| Australian Sports Anti-Doping Authority | http://www.asada.gov.au/ |
| Drug-Free Sport | http://www.uksport.gov.uk/pages/drug_free_sport/ |

