

Writtle College Library

Subject Guide

Sport



Photo Credits – [Writtle Junction](#)

This guide is intended to highlight only the main information sources for Higher Education Sports Science students – there may be other areas of the Library which are useful.

The main types of materials are books, journals and media resources. Please do not hesitate to ask for help and advice as needed when using the library

Books

Books are arranged under the Dewey class system (which runs from 000-999) each subject area has its own number for example, Animals 636

Quick Classification Guide

Anatomy: human	612
Coaching	796.077
Disability sport	796.087 and 362.4
Exercise	612.044
Fitness	612.044 and 613.711
Fitness testing	613.704
Injuries	617.1027
Motor learning	613.711
Nutrition	613.7
Physical education	613.7
Physiology: human	612
Specific games (rules etc.) start at	796
Sports centres	725.8
Sport: education and training	613.7
Sports grounds	725.8 and 712.545
Sport in society	796.01 and 306-483
Sport: law	344.099
Sports medicine	617.1027
Sport: minorities	796.089
Sport psychology	796.01 and 613.71
Sport: sociology	790.013

Dictionaries, directories, rules & regulations etc

- A & C Blacks Dictionary of sport and exercise science

- ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription
- Britsport 07/08: The definitive UK sports industry directory
- Churchill Livingstone's dictionary of sport and exercise science and medicine
- Dictionary of sport and exercise science
- Directory of the Turf
- ILAM (Institute of Leisure & Management) fact sheet series
- Sports Rules Encyclopedia
- The Sports Rules Book
- The sports source book : a UK directory of sport

Journals/Magazines

Journals and magazines are arranged in alphabetical order by title. They contain specialised articles and are a good source of information on current research and practice. Some are indexed and/or have contents pages. This is not an exhaustive list and other library journals may be of use for your course as many cross over.

Key print journals/magazines

- | | |
|--|--|
| • British Journal of Nutrition | • Journal of Athletic Training |
| • Comparative Exercise Physiology | • Journal of Sport Sciences |
| • International Journal of Sport Nutrition and Exercise Metabolism | • Medicine and Science in Sport and Exercise |
| • International Journal of Sport Physiology and Performance | • Peak Performance |
| • International Journal of Performance Analysis in Sport | • Sociology of Sport Journal |
| • Journal of Applied Physiology | • SportEx Dynamics |
| | • SportEx Health |
| | • Sport Psychologist |
| | • Strength and Conditioning Journal |

We have many more journals accessible in print and online in the library and via the library page on Moodle.

Free online e-journals

SportScience

<http://www.sportsci.org/index.html>

Electronic Journals

Electronic journals are available through

EBSCO Host Electronic Journals

<http://ejournals.ebsco.com/home.asp>

Science Direct

<http://www.sciencedirect.com/>

There is further information on electronic journals with full text content available to sport students on the sports science journals guide on the library pages of Moodle –

<http://moodle.writtle.ac.uk/mod/resource/view.php?id=13181>

E-Books

In addition to traditional printed books we also have access to a growing number of electronic books or e-books.

Dawsonera

Dawsonera

<http://www.dawsonera.com/>

Dawsonera is a collection of around 200 e-books covering a wide range of subject areas. In addition to the purchased titles which are available for 24 hour download, 66,000 further full-text titles are available for 5 minute previews. You will need your Athens username and password to access Dawsonera.

Free Online E-Books

Google Books

<http://books.google.com/>

International Veterinary Information Service

<http://www.ivis.org/home.asp>

The Internet Public Library

<http://www.ipl.org/div/books/>

Dissertations

The Library has copies of Undergraduate 1st and 2.1 dissertations completed at Writtle College. They are included on the Library catalogue and it is possible to limit your search just to look for theses. They are all held in the short term loan room in alphabetical order.

Electronic/Media Information

Computers are available for use at all times during library opening hours. All machines run Microsoft Office, Internet and many other applications.

The libraries online catalogue (OPAC) can be used to locate specific books and journals that are relevant to your course. A link is available from the library pages of Moodle or via the college website; you can also access it from the following direct link – <http://library.writtle.c.uk> You can find out here if items are available and where to find them on the shelves, you can also view your record to renew and reserve items.

Key DVDs

DVDs provide information on a wide range of topics. Some potentially useful ones include:

- Improving techniques
- Mind over matter
- On the juice : the use of drugs in sport
- Safety and injury
- Sport in society
- The body in action
- The coach in action
- Track and field: coaching by the expert Olympic team coaches

For more information on other services offered by the library, e.g. photocopying, computing and I.T, please ask a member of staff in the library or refer to the information for new users guide on the library pages of Moodle.

<http://moodle.writtle.ac.uk/>

Online Resources

Databases

To find journal articles online, you may use the databases the library subscribes to. Usually the database does not lead you to the full text article but is just the reference i.e. the title, author, volume, issue, page numbers and an abstract. However, for Sport students we have a designated database with full-text access

A database service will help you to identify resources that can be found in the library and elsewhere and is a good place to start when doing assignments and dissertations.

If we do not hold the required resource it is possible for us to get it on Inter Library Loan (ILL) (please ask at the library counter or see the ILL guide on the library pages of Moodle <http://moodle.writtle.ac.uk>)

Relevant databases for Sport students: available under databases and gateways on the library pages of Moodle – <http://moodle.writtle.ac.uk>

- **Sport Discus with full-text -**

A comprehensive bibliographic database with full coverage of information on sport, fitness and related disciplines. Features over 500,000 references to journals, books, theses, conferences and Web sites and includes full-text access to over 400 sport-related journals. Athens password required.

- **Web of Science: Science Citation Indexes and Social Science Citation Indexes Online**

This database indexes over 4600 core science and social science journals from 1981 onwards. References contain bibliographies allowing searching for cited authors or works.

- **Mintel**

Mintel is a market research company which produces reports about a particular sector or service, e.g. health clubs. The Mintel database can be browsed by a particular series, the most useful for sport being food or leisure. It also includes

current trade press excerpts in the News section. The database is also searchable by full text word or title. The Library only subscribes to a specific level of reports, so not all reports will be available to you.

- **Business Source Premier**

Business Source Premier, is a major business research database, providing the full text of more than 2,300 journals, including over 1,100 peer-reviewed business publications. The database also includes other sources of full text information such as country economic reports from the EIU, market research reports, industry reports, country reports, SWOT analyses and detailed company profiles for the world's 10,000 largest companies.

Relevant online databases (with free information)

BioMed Central	http://www.biomedcentral.com/
Directory of Open Access Journals	http://www.doaj.org/
Google Scholar	http://scholar.google.co.uk/
Open Science Directory	http://www.opensciencedirectory.net/
UK PubMed Central	http://ukpmc.ac.uk/

British Standards

You can search for British Standards online but full text will not be available.

British Standards Online	http://www.bsi-global.com/
--------------------------	---

We keep the most relevant standards upstairs in the library. The Chelmsford public library holds the full series and can be viewed once you have become a member.

Essex Libraries	http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/dis/cha.jsp?channelOid=15524
-----------------	---

Subject Gateways/Institutional Repositories

Bized	http://www.bized.co.uk/
BUBL Information Service	http://www.bubl.ac.uk

Intute	http://www.intute.ac.uk
Intute Virtual Learning Suite	http://www.vts.intute.ac.uk/
Loughborough University Institutional Repository	https://dspace.lboro.ac.uk/dspace-jspui/
Registry of Open Access Repositories	http://roar.eprints.org/index.php
Medline Plus	http://www.medlineplus.gov
Sport Quest	http://www.sirc.ca/online_resources/sportquest.cfm
DMOZ Open Directory	http://www.dmoz.org/Sports/

Current Awareness

There is inevitably some delay between the publication of an article in a journal and appearance in databases and printed abstracts. If you need to find details of recent articles, the following give very quick access to the contents of recent issues journals.

ZETOC - <http://zetoc.mimas.ac.uk>

The database comprises over 15 million article titles derived from the 20,000 most important research journals in the world, dating back to 1993. ZETOC Alert is a current awareness service that emails the contents pages of journals you have selected directly to you.

Science Direct Alert Service - <http://www.sciencedirect.com/science/alerts>

Offers a 'My Alerts' service which allows you to save searches and then schedule them to rerun at a chosen frequency. When new articles are found you will be sent an email alert with a direct link to the new search results. You need to register with Science Direct first. Please note this does not give you any further access to electronic journals. If you would like to access electronic journals on Science Direct please use your Athens password.

Useful websites/organisations

Associations / Organisations	
American College of Sports Medicine	http://www.acsm.org//AM/Template.cfm?Section=Home_Page
Australian Institute of Sport	http://www.ausport.gov.au/ais/

British Association of Sport and Exercise Medicine	http://www.basem.co.uk/
British Association of Sport Rehabilitators and Trainers	http://www.basrat.org/
British Olympic Association	http://www.olympics.org.uk/home2.aspx
British Paralympic Association	http://www.paralympics.org.uk/
British Society of Sport History	http://bssh.mcs-creations.com/
Centre for the Sociology of Sport	http://www.le.ac.uk/so/css/
Department for Culture, Media and Sport	http://www.culture.gov.uk
English Institute of Sport	http://www.eis2win.co.uk/pages/
Federation of Sports and Play Association	http://www.sportslife.org.uk/
Gatorade Sports Science Institute	http://www.gssiweb.com/
Institute for Sport, Parks and Leisure	http://www.ispal.org.uk/role.cfm
Institute of Groundsmanship	http://www.iog.org
Institute of Sport and Recreation Management	http://www.isrm.co.uk/
International Olympic Committee	http://www.olympic.org/uk/index_uk.asp
International Paralympic Committee	http://www.olympic.org/uk/index_uk.asp
National Playing Fields Association	http://www.npfa.co.uk/
Sport England	http://www.sportengland.org/
UK Sport	http://www.uksport.gov.uk/
Women's Sport Foundation	http://www.wsf.org.uk

Coaching

Coaches Info	http://www.coachesinfo.com/
Sports Coach	http://www.brianmac.co.uk/
Sports Coach UK	http://www.sportscoachuk.org/

Drugs in Sport

100% Me	http://www.100percentme.co.uk/home.php
Anti Doping Drugs in Sport	http://www.sports-drugs.com
Australian Sports Anti-Doping Authority	http://www.asada.gov.au/
Drug-Free Sport	http://www.uksport.gov.uk/pages/drug_free_sport/

General	
Human Kinetics	http://www.humankinetics.com/
Image Database	http://imagedb.vetmed.wsu.edu
Science Daily	http://www.sciencedaily.com/
Sports Career Planning	http://www.onlinesports.com/sportstrust/

Learning Resources	
ExRx – Exercise Prescription on the Net	http://www.exrx.net
eMedicine - Sport Medicine Articles	http://emedicine.medscape.com/sports_medicine
University of Birmingham Sports Archives	http://www2.special-coll.bham.ac.uk/catalogue_AM_sport.htm
Virtual Library of Sport	http://sportsvl.com/
Virtual Sports Injury Clinic	http://www.sportsinjuryclinic.net/index.htm

Psychology	
Mind Tools – Sport Psychology	http://www.mindtools.com/page11.html
PsychWatch – Sport Psychology Resources	http://www.psychwatch.com/sport_psychology.htm

Research / Statistics	
Eurostat	http://epp.eurostat.ec.europa.eu/portal/page/portal/eurostat/home/
National Library for Health	http://www.library.nhs.uk/default.aspx
Researchers Companion	http://core.roehampton.ac.uk/repository/search/db.m.pl?guid=14179df2-f829-49cc-b94b-71d800f73674
Sport Research Intelligence Sportive	http://www.sirc.ca/index.cfm
UK National Statistics	http://www.statistics.gov.uk/hub/index.html

If you need any further help please contact your Subject Librarian – Christina Harbour - Christina.Harbour@writtle.ac.uk

